OAKMONT 5K RUN
Saturday June 21, 2014   9:00am
Riverside Park Oakmont, PA

When: Saturday June 21, 2014 Start at 9:00 am (Registration begins at 7:30 am)
Where: Riverside Park, Oakmont, Pa. (3rd Street next to Riverview High School)
　　　*Out and back course in Oakmont. Starts and ends in Riverside Park.

Entry Fee: On or before May 31 - $15.00
　　　　　　June 1 thru Race Day - $20.00 (shirt not guaranteed after May 31)

Make checks payable to:　***Oakmont Borough Recreation***
　　　　　　　　　　　　　　(memo: Creekside Trail Development)

Send to: Palma Ostrowski   728 15th Street Oakmont, Pa.   15139

Awards:
Age Group Awards Male & Female (top 3 of each age group):
8-under; 9-11; 12-13; 14-15; 16-17; 18-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70-over
1st Masters (M & F); 1st Twin Boro Resident (M & F);   Parent/Child Team: 1st, 2nd, 3rd

Additional Information: Palma Ostrowski: palmaost@gmail.com or 412-965-9303
Visit www.runhigh.com for registration form and directions.
Like us on facebook!! https://www.facebook.com/twinboro5krun

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Name _____Age on race day_____ M/F _____

Address _____City _____State _____Zip _____ Email

_____ Phone number _____

Shirt Size - adult only (circle):   S   M   L   XL

Are you on a parent / child team? _____　　　　Are you an Oakmont or Verona Resident ? _____

Emergency Contact _____ Phone _____

Release: By signing this application, I hereby waive, discharge and release myself, any and all claims, damages, demands and courses of action of any kind, including negligence, that I may have against the Oakmont/Verona Twin-Boro 5K volunteers, sponsors, and organizers of this event, which arise from my participation in this event. I hereby certify that I am physically fit to participate.

Signature _____Date _____

Parent/Guardian (if runner is under 18 yrs of age) _____Date _____